



Factsheet: Good to know!

Important information for athletes and teams

1. Entry into Switzerland

Teams from Schengen area:

EU-firearms pass and a confirmation of participation in the competition (official invitation)

Teams from Non-Schengen area:

A firearms pass and a confirmation of participation in the competition (official invitation)

⇒ Additionally the attached form must be completed and sent back to us until **2 January 2020**:
biathlon.event@lenzerheide.com

Important:

These regulations **only apply** for direct entry into Switzerland. If the first border crossing is into another country, the specific regulations of that country will apply.

⇒ **For further information please see the attached document: «Explanation Entry into Switzerland»**

2. Arrival

The [Biathlon Arena](#) is located in Lantsch/Lenz 1400 m.a.s.l in the Lenzerheide holiday region. Reservations for a shuttle transport from Zurich Airport to Lenzerheide and back can be made until **28 November 2019**. Please fill out [this form](#) and send it to: biathlon.event@lenzerheide.ch. This transport must be paid in cash to the driver on departure-day.

3. Room allocation/check-in teams

We want the teams to be in good hands and try our best to consider your wishes. We will send you a provisional confirmation about your accommodation by the beginning of December.

Please note: Deadline for changes is **9 January 2020**. Then we will send you the final confirmation of your accommodation including a voucher.

Important: The Voucher must be shown at check-in.

4. Meals

The team captain should clarify «specials» at arrival day:

- Type of catering according to voucher (fullboard, halfboard, breakfast)
- Consultation about meal times
- Possible intolerances
- Where lunch is taken (at the hotel or Biathlon Arena)?

5. Payment accommodation

The accommodation will be paid on site of the lodging. The voucher includes all important information about the reservation.

6. Shuttles on site 24 January – 2 February 2020

Transport from the accommodation to the venue must be ordered at the competition office the day before. This transport is **free of charge**.

7. Training/wax container

Training before 24 January 2020

- Zeroing 8:30 am, training times are from 9:00– 11:00 am – no training in the afternoon
 - Cross-country skiing training only is free of charge
 - Training at the shooting range will cost 10 swiss francs per athlete and day
- ⇒ Allocation of targets is according to IBU rules
 - ⇒ During training bibs must be worn
 - ⇒ Competition preparations on the slope have priority

Registration: Please fill out this [form](#)

Use of wax containers before competitions

Is only possible if a registration for « training before competition » is done

8. Important information

Please see: <https://www.lenzerheide2020.ch/en/teams>

⇒ **The team information will only be available online (from 23 January 2020)**

9. Contact

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